

Driving from the North

Take Interstate 95 until you begin to see signs for New York. Take the I-278 WEST BRUCKNER EXP exit. Merge onto BRUCKNER EXWY/I-278 W. Take I-278 WEST RAMP towards TRIBORO BR/FDR DRIVE/GRAND CENTRAL PKWY. Merge onto I-278 W. Take the exit towards MANHATTAN/RANDALLS-WARDS IS/DOWNING STADIUM. Merge onto TRIBOROUGH BRIDGE. Take the FDR DR ramp. Merge onto FDR DR South. Merge onto FDR DR SERVICE RD W. Turn RIGHT onto E 34TH ST EXT. Stay straight to go onto E 34TH ST. E 34TH ST. becomes E 34TH ST. /I-495. Straight to 7 W 34th ST., past 5th AVE.

Driving from the West

Take Interstates 78 or 80 until you begin to see signs for New York. Take the I-95 NORTH/NEW JERSEY TURNPIKE NORTH exit. Merge onto I-95 N/NEW JERSEY TURNPIKE. Merge onto I-95 N/NEW JERSEY TURNPIKE. Take the RT-3 Merge onto I-495 E. Merge onto I-495 E. I-495 E becomes I-495 E/LINCOLN TUNNEL. Take the exit on the left towards 40 ST. & NORTH/WEST SIDE HWY. Merge onto DYER AVE. Turn RIGHT onto W 40TH ST. Turn RIGHT onto 5th AVE. Turn RIGHT onto W 34th ST.

Driving from the South

Take I-95 N towards 15E/16E/18E (US-46)/LINCOLN TUNNEL (I-80). Merge onto I-95 N/NEW JERSEY TURNPIKE. Take the RT-3 exit. Merge onto I-495 E. Merge onto I-495 E. I-495 E becomes I-495 E/LINCOLN TUNNEL. Take the exit on the left towards 40 ST. & NORTH/WEST SIDE HWY. Merge onto DYER AVE. Turn RIGHT onto W 40TH ST. Turn RIGHT onto 5th AVE. Turn RIGHT onto W 34th ST.

Directions from the East

Take I-495 WEST toward New York, to QUEENS-MIDTOWN TUNNEL. Take the DOWNTOWN/34 ST. exit onto TUNNEL EXIT ST. Keep LEFT at fork and ramp. Turn RIGHT on 34th ST. to get to the front of the building at 7W 34th ST. OR turn onto 35th ST. to get to parking garages between 5th and 6th AVE. The main entrance is 7W 34th ST., between 5th and 6th AVE., closest to 5th AVE. across from the EMPIRE STATE BUILDING.

Directions from the Northeast

Take TRI-BOROUGH BRIDGE to FDR DRIVE SOUTH. Take the exit to 34th ST. Continue WEST onto 34th ST. to get to the front of the building at 7 W 34th ST. OR turn RIGHT onto MADISON AVE, then LEFT onto 35th ST. to get to parking garages between 5th and 6th AVE. The main entrance is 7 West 34th Street, between 5th and 6th AVE., closest to 5th Ave. across from the EMPIRE STATE BUILDING.